

## **Child Sexual Abuse and Exploitation**

### **Useful websites**

One of the benefits of the internet when we are working with families who are vulnerable to, or at risk of, child sexual abuse is that the details can be shared with families for them to look at in their own time. Particularly with sexual abuse, people become defensive when the issue is raised and this jeopardises their capacity to listen to advice or information you may be giving them. If you give them websites to look at, they are less likely to feel defensive and therefore more likely to take on board advice and information.

It is also really important to check/read any information that you give out to families; it may be something you don't actually agree with or that may not be suitable for their situation.

[www.mosac.org.uk](http://www.mosac.org.uk) – Mothers of Sexually Abused Children - This website is an excellent resource for mothers/parents of children who have been sexually abused. They have a number of factsheets to support parents in responding appropriately to disclosures; supporting their child in the aftermath of abuse; and, the legal process. They also have booklists for children and young people who have been abused and their non-abusing parents.

[www.lucyfaithfull.org.uk](http://www.lucyfaithfull.org.uk) – The Lucy Faithfull Foundation is a registered child protection charity working across the UK to prevent child sexual abuse. They offer services for professionals and families in relation to assessment, intervention and training. They have two useful services/projects for you to share with families:

[www.stopitnow.org.uk](http://www.stopitnow.org.uk) - Stop it Now! UK and Ireland is a child sexual abuse prevention campaign, part of the LFF above. They support adults to play their part in prevention through providing sound information, educating members of the public, training those who work with children and families and running a freephone confidential helpline. People who are worried about their own or someone else's sexual behaviour can call this helpline. It is a useful telephone number and website to give to every family where you are concerned there *may* be sexual abuse, whether or not you have firm evidence.

[www.parentsprotect.co.uk](http://www.parentsprotect.co.uk) - This is an information and resources website, part of the LFF above, which aims to raise awareness about child sexual abuse, answer questions and give adults the information, advice, support and facts, they need to help protect children. It includes an online learning programme about child sexual abuse for parents which is very useful. It also has links to lots of different useful resources.

[www.dabs.uk.com](http://www.dabs.uk.com) – DABS is a not-for-profit organisation which produces a National Resource Directory of approximately 550 charities, organisations and groups throughout the UK and Ireland that work in various ways to support survivors of abuse and sexual violence. It has a signposting service providing free support and information regarding issues to do with childhood abuse and sexual violence and an in-house counselling service.

[www.childline.org.uk](http://www.childline.org.uk) – Childline is an excellent resource for children and young people. They have a free, confidential helpline as well as an interactive website with message boards, online chat forums and information. Children, who feel unable to disclose abuse to

social workers or other professionals, may feel more able to seek advice through a confidential agency.

[www.ninaburrowes.com](http://www.ninaburrowes.com) - Dr Burrowes is a psychologist who uses cartoons to help people understand people. She specialises in the psychology of sexual abuse. Some of her work is for professionals, some for the public, some for children, young people and families. The website has links to her publications/resources/videos.

[www.nspcc.org.uk](http://www.nspcc.org.uk) – National Society for the Prevention of Cruelty to Children. There is a section on the NSPCC website about child sexual abuse. It has sub-sections on research and resources; signs, symptoms and indicators; facts and statistics; keeping children safe (including the underwear rule); who is affected; and legislation and policy. They have useful pdf's that you can download and give to children and their families.

[www.nwgnetwork.org](http://www.nwgnetwork.org) - The NWG is a charitable organisation formed as a UK network of over 2500 practitioners who disseminate their information down through their services, to professionals working on the issue of child sexual exploitation (CSE) and trafficking within the UK. The Network covers voluntary and statutory services and private companies working in this field. They offer support, advice and raise the profile, provide updates, share national developments, influence the development of national and local policy informed by practice. They have developed 'Our Voice' Young People's Participation to enable their voices to be heard.

[www.brook.org.uk](http://www.brook.org.uk) - Brook is the country's largest young people's sexual health charity. They provide sexual health services, support and advice to young people under the age of 25.

[www.brook.org.uk/index.php/traffic-lights](http://www.brook.org.uk/index.php/traffic-lights) - link to excellent tools for helping identify the level of concern in relation to children and young people with sexually harmful behaviour.

[www.ceop.gov.uk](http://www.ceop.gov.uk) - CEOP works with child protection partners across the UK and overseas to identify the main threats to children and coordinates activity against these threats to bring offenders to account. They protect children from harm online and offline, directly through National Crime Agency led operations and in partnership with local and international agencies.

<https://www.thinkuknow.co.uk> - website (part of CEOP above) offering advice to children, young people, parents/carers and professionals about keeping children safe from harm on the internet and through other technology. Useful links for children and young people according to age range.

[www.internetmatters.org](http://www.internetmatters.org) -An internet portal which aims to direct parents and carers to credible information on how to keep children safe online.

[www.chatdanger.com](http://www.chatdanger.com) - A site all about the potential dangers on interactive services online like chat, IM, online games, email and on mobiles.

[www.kidsmart.org.uk](http://www.kidsmart.org.uk) -Teaches children and adults about the internet and being a SMART surfer.

[www.barnardos.org.uk](http://www.barnardos.org.uk) - Barnardo's delivers services for children affected by poverty, sexual exploitation, disability and domestic violence, as well as campaigning and undertaking research. At the bottom of their website is a link to Child Sexual Exploitation. This leads to their section on research reports and resources which include the following: 'Nae Danger'; Bwise2 sexual exploitation; Protecting Self and Keeping Safe; Respecting Self – Consensual Relationships; No Son of Mine!

[www.getconnected.org.uk](http://www.getconnected.org.uk) - Free, confidential helpline and web based support for young people.

[www.pandys.org](http://www.pandys.org) – The Pandora's Project is a not-for-profit project providing support and resources to victims/survivors and their friends and families. It offers an online support group; message board and chat room; free lending library and numerous articles and resources.

[www.napac.org.uk](http://www.napac.org.uk) – The National Association for People Abused in Childhood - a website and free helpline for survivors of sexual abuse. We have very few services (locally and nationally) for survivors of sexual abuse, so this is a useful resource for you to pass to service users so they have someone to talk to about their experiences.

[www.survivorsnetwork.org.uk](http://www.survivorsnetwork.org.uk) – Survivor's Network are a charity based in Brighton. They provide a helpline, advocacy, counselling (for girls and women from 14 upwards; boys and young men from 14 – 18), workshops and drop-in support to survivors of sexual abuse. They have a useful resources section with downloadable factsheets for survivors and their families on issues from 'disassociation' to 'rape myths'.

[www.makindcounselling.org.uk](http://www.makindcounselling.org.uk) – Support services for men (18+) who have experienced childhood sexual abuse or adult sexual assault. They offer 1-1 counselling, therapeutic groups, and support for family and friends. They have a resource library which is available on a visit-only basis.

[www.thesurvivorstrust.org](http://www.thesurvivorstrust.org) – The Survivor's Trust are a national umbrella agency for over 135 specialist rape, sexual violence and childhood sexual abuse organisations through the UK and Ireland.

[www.survivorsuk.org](http://www.survivorsuk.org) – website for male survivors of sexual abuse and assault.

[www.nota.co.uk](http://www.nota.co.uk) – The National Organisation for the Treatment of Abusers is a charity that works to prevent sexual aggression by providing support and training to professionals working in the field.